

# **OUTCOMES MATTER**

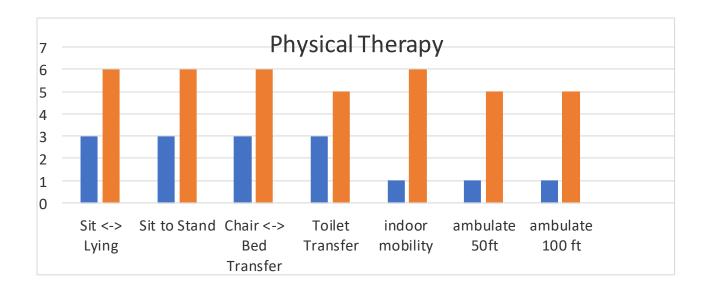


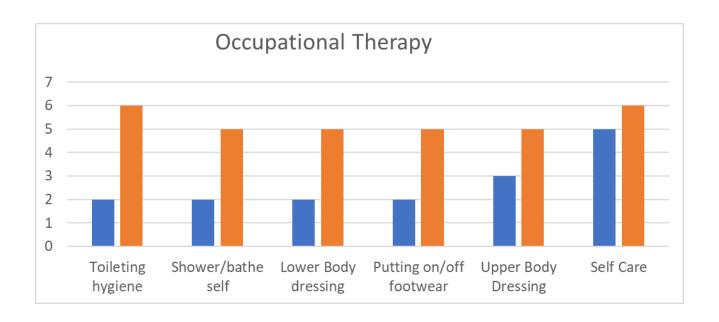
Mrs. Patricia Hernandez is 80 yr old female patient, who was admitted to the hospital due to Rt Leg pain following a hospitalization and CAGG and PCI in March. She has a PMHx includes but not limited CHF, 30-35% Ejection Fracture, Diastolic Dysfunction, CAD, PVD, Pacemaker, CKD Stg 4, T2DM w/ hyperglycemia, HTN and dyslipidemia (self-reported Hx MI), HLD, CAD remote hx of CABG, Right Carotid Artery Stenosis, COVID-19, Chronic Right Knee Pain, Ischemic RLE Cyanosis, AKI, Cardio-renal PVD w/ RLE critical ischemia s/p PCI 4 stents RLE 5/20, Angio of abdominal w/ bilateral femoral runoff 5/16, Hx CVA,. Pt was admitted to Silver Spring SNF on 5/27/24 to receive skilled therapy services to be able to return home with family assist.

PT evaluated Mrs. Patricia Hernandez on 05/28/24 and they noted that she needed skilled PT to improve strength, endurance, functional mobility, transfers, balance, and gait. Following 27 visits with therapy Mrs. Hernandez demonstrated the following skills: Bed Mobility from Min A to I, sit to stand Mod A to Supervision , with functional transfers for chair <-> bed from Mod A. to SUP. Mrs. Hernandez demonstrated with Gait at admit 0 ft, with use of a Walker at time of discharge she was able to ambulate 200+ ft w/ walker at SBA level, Patient reached her personal goals and discharge home

OT evaluated Mrs. Patricia Hernandez on 05/28/24 and they found she needed skilled OT to improve his range of motion, for strengthening, for fine and gross motor control, balance, safety, and energy conservation. Mrs. Hernandez during her time on therapy services she demonstrated the following skills: improved Self-care- SBA to I, toileting hygiene from requiring Max A to MI, upper body dressing she went from Min A to I, and lower body dressing from Max A to Supervision, Donning and Doffing Shoes went from Max A to supervision and bathing skills from Max A.to Supervision

With these functional improvements from skilled Nursing, PT and OT services, she was successfully able to be discharged home on 7/03/24 with home health services and occasional assistance from family.





# **MDS Section GG Functional Scores**

# 06 - Independent

Completes the activity by him/herself with no assistance from a helper  $\,$ 

# 05- Setup or clean-up assistance

Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.

### 04 - Supervision or touching assistance

 $Helper\ provides\ verbal\ cues\ and/or\ touching/steadying\ and/or\ contact\ guard$ 

assistance as patient completes activity. Assistance may be provided

throughout the activity or intermittently.

#### 03 - Partial/moderate assistance

 $\label{thm:energy} \textit{Helper does LESS THAN HALF the effort. \ Helper lifts, holds, or supports}$ 

trunk or limbs, but provides less than half the effort.

# 02 - Substantial/maximal assistance

Helper does MORE THAN HALF the effort. Helper lifts or holds trunk

or limbs and provides more than half the effort.

### 01 - Dependent

Helper does ALL of the effort. Patient does none of the effort to

complete the activity. Or the assistance of 2 or more helpers is required for the patient to complete the activity.